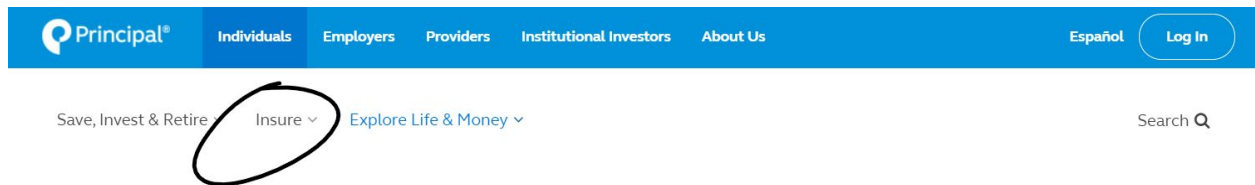
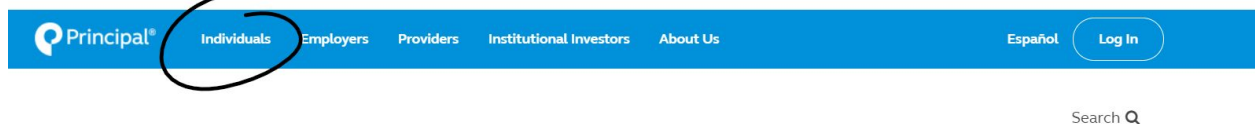




## How to file an online claim with Principal in 6 easy steps:

1. Type: [www.principal.com](http://www.principal.com)
2. On Principal home page, click on **INDIVIDUALS** & then **INSURE**



3. Next, click on **Find a Form**, under the Get Started section

The image shows a screenshot of the Principal website's navigation menu. The top navigation bar is blue and contains the Principal logo, followed by links for Individuals, Employers, Providers, Institutional Investors, and About Us. On the right side of the bar, there is a 'Español' link and a 'Log In' button. Below the navigation bar, there are three main menu items: 'Save, Invest & Retire', 'Insure', and 'Explore Life & Money'. The 'Insure' menu is expanded, showing a list of options. The 'Find a Form' option is circled in black. Other options in the 'Insure' menu include 'Get Started', 'Find a Dentist', 'View a Claim', 'Pay Life or Disability Insurance Policies', 'Insurance Benefits Through Your Employer', 'Life Insurance', 'Term Insurance', 'Permanent Life Insurance', 'Income Protection', 'Disability Income Insurance', and 'Retirement Savings Protection'. A search icon is visible in the top right corner of the expanded menu.

4. Next, under “What do you need to do?”, select the applicable claim form option

## What do you need to do?

Name or change my beneficiaries	▼
Submit a disability insurance claim	▼
Submit a life insurance claim	▼
Submit a critical illness* claim	▼
Submit an accident claim	▼
Manage or make changes to an individual life insurance policy	▼
Manage or make changes to an individual disability insurance policy	▼
Manage a brokerage account	▼
Manage retirement savings distribution options	▼
Restrict access to Private Health Information in Washington	▼

5. Next, indicate if you are completing this form as an Employer, Employee or Physician, then click continue
6. The next page will be the form that you will need to complete.

Please contact our office if you have any difficulties or need further assistance.