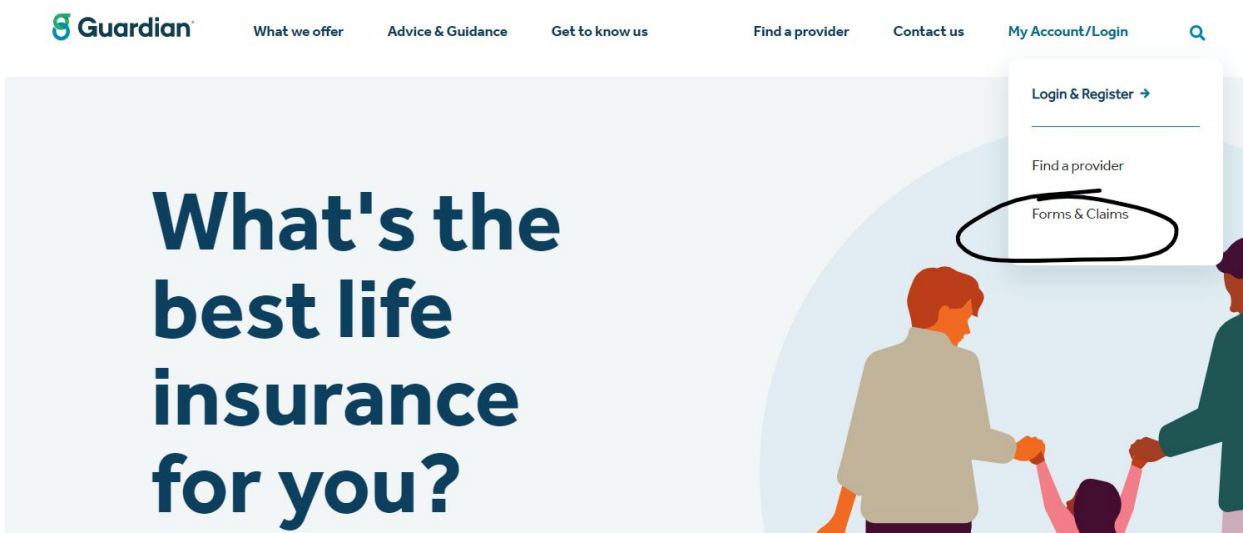


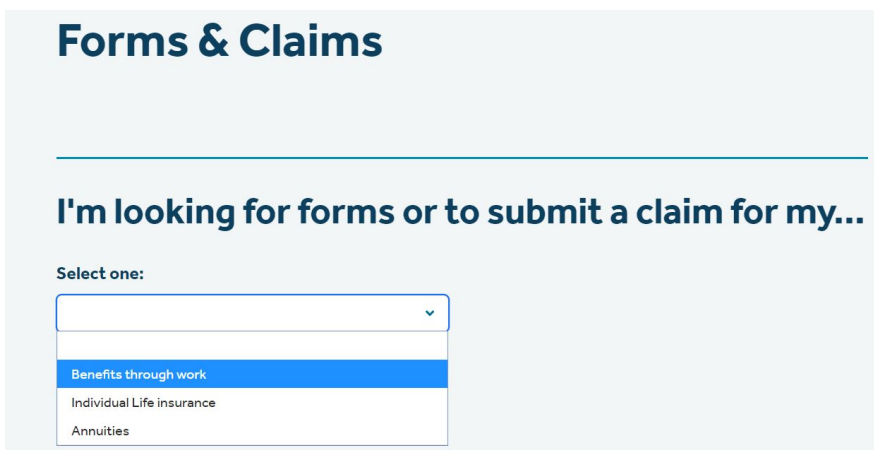


How to file claims with Guardian in 5 Easy Steps

1. Go to <https://www.guardianlife.com/>
2. Select "my account/login" from the tool bar, then click "forms and claims"



3. Select "benefit through work" from the drop down menu



4. If filing for disability, call the number at the very bottom, if filing a different type of claim choose “submit a claim”

I'm looking for forms or to submit a claim for my...

Select one:

Benefits through work

Forms and claims for your Guardian benefits through work

[Find a form](#)

Search and download forms.

[Submit a claim](#)

Submit claims and forms online.

[Send a document](#)

Send completed documents safely and securely with our secure channel.

Or [log in to Guardian Anytime](#) to submit your claim even faster.

Need to submit an Individual Disability claim? Call 1-888-275-7473 to get started.

5. Choose the type of claim you are wanting to file a click it, there, Guardian gives you further instructions on how to correctly file and what documents to download (if any) Note: the example below shows the accident policy, a common claim

Submit a claim

Absence (Includes ADA & Family Medical Leave)

Designed to help employees balance their work and family responsibilities by allowing them to take reasonable unpaid leave for certain family and medical reasons.



Accident

Pays you cash benefits for treatments or procedures due to an accident.



Submit your [Accident claim online](#).

If you need additional assistance filing a claim, please contact a RMBG team member and we will gladly help you.